

PERU ELEMENTARY SCHOOL DISTRICT 124

BREAKFAST/LUNCH MENU

SEPTEMBER 2015

Monday	Tuesday	Wednesday	Thursday	Friday
		2 Cereal Granola Bar Fruit Juice Teriyaki Beef Bites Bread/Butter Carrots Peas	3 Cinnamon Bagelful Fruit Juice Corn Dog French Fries Baked Beans Mandarin Oranges	4 Breakfast Pizza Fruit Juice Cheese Pizza Salad Mixed Fruit
7 NO SCHOOL	8 Cereal Biscuit/Jelly Fruit Juice Breaded Turkey on Bun Sweet Potato Puffs Baked Beans Grapes	9 Banana Muffin Yogurt Fruit Juice Turkey Wrap Spinach Salad Orange Wedges	10 Breakfast Sausage Bites Fruit Juice Breaded Chicken Breast on Bun Green Beans Pears	11 Breakfast Pizza Fruit Juice Pepperoni Pizza Rolls Romaine Lettuce Salad Tropical Fruit
14 Apple Frudel Fruit Juice Italian Chicken Breast Dinner Roll/Butter Scalloped Potatoes Baked Beans Peaches	15 Mini Maple Waffles Fruit Juice Taco in a Bag Romaine Lettuce Salsa Tropical Fruit	16 Cereal Banana Mini Muffin Fruit Juice Macaroni & Cheese Green Beans Pears	17 Breakfast Wrap with Cheese Fruit Juice Hamburger on Bun Sweet Potato Puffs Apricots Cookie	18 Breakfast Pizza Fruit Juice Sausage Pizza Salad Mixed Fruit
21 Plain Bagelful Fruit Juice Bosco Sticks Salad Orange Wedges	22 Cinnamon Mini French Toast Fruit Juice Cream Chicken in Bread Bowl Mixed Vegetables Pineapple	23 Bacon & Cheese Eggs Biscuit/Jelly Fruit Juice Taco Salad Romaine Lettuce Salsa Grapes	24 Cereal Muffin Fruit Juice Country Fried Steak Mashed Potatoes/Gravy Baked Beans Tropical Fruit	25 Breakfast Pizza Fruit Juice French Bread Pizza Celery & Carrots w/Ranch Peaches
28 Cereal Granola Bar Fruit Juice Corn Dog Nuggets Baked Beans Mixed Fruit	29 French Toast Sticks Fruit Juice Meatball Sub Spinach Salad Carrot Sticks Applesauce	30 Cherry Frudel Fruit Juice Cheeseburger on Bun Sweet Potato Puffs Green Beans Apricots		

MILK SERVED DAILY WITH BREAKFAST AND LUNCH

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Parkside School

AlaCarte Price List

Hot & Cold Subs
\$2.00



Sandwiches, Wraps, Salads
Pretzels & Cheese, Nachos
\$1.75



PBJ, Side Salads
Soup, Lg. Water
\$1.00



Juice Box, Baked Chips, Bagels
Pickle, Sm. Water, Ice Cream
String Cheese, Fruit Parfait
Yogurt, Goldfish Crackers
\$.75



Fruit Snacks, Granola Bars
100% Fruit Juice Cups
\$.50



Alternative Hot Lunch Entree

Monday: Pizza

Tuesday: Chicken Nuggets

Wednesday: Bosco Sticks

Thursday: Corn Dog Nuggets

Friday: Popcorn Chicken

Soups served seasonally

Chili everyday + one additional soup